



Resilience Training Center
delta

Individual, Organizational and Communal Success Development

- RESET your perspective
- REFUEL your body
- RESTORE self reliance

deltaRTC.com 800-770-1209

True success is a continuous developmental process, being resilient in reconciling your past and reuniting with your future to renew your present...

Visit HealingHeartsHeroes.com to learn more about becoming a Healing Heart Hero of Hope by taking the Resilience Training Program (Core) Course for FREE

principles to ponder...

We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop.

Mother Teresa

If you can't fly then run, if you can't run then walk, if you can't walk then crawl, but whatever you do you have to keep moving forward. An individual has not started living until he can rise above the narrow confines of his individualistic concerns to the broader concerns of all humanity.

Martin Luther King Jr

Tune up out of the ruts - stop chasing your tail into a living hell.

unknown

Only a life lived for others is a life worthwhile.

Albert Einstein

There are those who seek knowledge for the sake of knowledge; that is curiosity. There are those who seek knowledge to be known by others; that is vanity. There are those who seek knowledge in order to serve; that is Love.

St Bernardo



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People are Partners of your Prosperity

Personal Hardships directly impact your Organization's Success

Building a Success Culture starts at the top, implementing metrics and mentorship to foster momentum, not micromanagement

Vision, Mission and Values in Action

Purpose and principles (ethos) determine the performance (behavior) of people and property.

The right people, doing the right thing, at the right time, with the right resources.

Common Personal Hardships

- Financial struggles
- Job/career progression
- Co-worker/boss conflicts
- Personal relationships
- Mental/physical abuse
- Fitness/health issues
- Why me ?
- No one cares about me
- What is my purpose ?

People-centric cultures build the right **perspective** to generate more **productivity** and **proficiency** which in turn produces **progress** and **prosperity** for all stakeholders.

RESET Perspective

Serving individuals, organizations and communities that seek to empower continuous improvement thru comprehensive, holistic Resilience Training, enhancing personal, family and communal well-being.

From anxiety to conflict resolution to effective collaboration, our program provides a visual based framework of understanding the underlying principles of behavior/performance. This low cost, plug and play program reframes perspectives, fueling success development in your company culture. **What's the payoff to increase Resilience and reduce non-productivity (distractions from hardships) ?**

10 minutes for each employee (\$12/hr avg)

per 8 hour shift = \$160

Annualized loss for 10 employees = \$40,000



REFUEL Body

RESTORE Self-Sufficiency

Seeking business partners to commercially produce TrailMax Meal Packs and Back Packs for wholesale distribution to shelters and humanitarian organizations with the potential for retail sale in various markets. Visit TrailMaxPacks.com for more information.

Healing Hearts Heroes.com



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